

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

Welcome to the twentieth year of the quarterly *Family Medicine & Primary Care Review*! From 1999 to 2017, we have published 3040 articles in 74 issues and one supplement, on a total of 15,062 pages. Thank you for being with us in our increasingly broad community. The introduction of an Open Access policy, DOI numbers, and the publication of full texts on our website have meant that the periodical is now fully digitized, and so is more widely available to readers and more often cited in scientific publications. Our Editorial System – an advanced tool for streamlining the admission, review, and management of article – is improving the online collaboration of authors, editors, and reviewers. These activities have resulted in an increase in the score given to our publication by the Polish Ministry of Science and Higher Education to 12 points. For several years, the journal has been visible in European and global indexing databases, including the Thomson Reuters Emerging Sources Citation Index (ESCI) and the EBSCO database. Since 2016, all articles have been indexed and abstracted in these databases. From issue 3/2016 onwards, American English became the language of publication, and cooperation has been established with health care professionals and scientists from abroad, who have become authors and reviewers. We obtained our highest IC rating to date for 2016 – a score of 120.81, which is similar to the IC ratings obtained by Impact Factor journals.

The current issue still follows the goals set out twenty years ago: to publish research into evidence-based practice and education to support the daily practice of primary care physicians. Family medicine is presently regarded as the basis of the healthcare system in every country and on every continent. It continues to strengthen its position as an academic and scientific discipline, and as a healthcare specialty with its own educational content, scientific research, body of accepted data, and clinical activity oriented towards primary health care. We primary care physicians, in more and less modern healthcare systems, follow the main principles of family medicine: coordination, versatility, and effective cooperation between specialists in different fields, while extending patient engagement and empowerment. The present issue is the result of cooperation between family doctors and experts in other disciplines from around the world. I am certain it will not only support our Readers in their research projects, but will also serve as a source of practical information for the everyday care of patients.

This issue begins with original papers comparing the prevalence and characteristics of anemia in children with simple versus complex febrile seizures; the impact of paternal attachment training skills on the extent of maternal neonatal attachment in primiparous women; comparative analysis of health problems in students of elementary school and middle school; traditional smoking and e-smoking among medical students and student athletes; medical studies, team roles, and emotional intelligence; human AGT-p.Met268Thr and coronary heart disease risk: a case-control study and meta-analysis; the risk of job burnout among medical workers on the basis of their work-related behaviors; characteristics of individuals employing violence; clinical profile of ocular toxoplasmosis; optimization of diagnostic procedures in primary health services to detect asymptomatic malaria; the effect of ω -3 polyunsaturated fatty acids on the structure of immunocompetent cell membranes; parameters of cellular and humoral immunity in children with rheumatoid arthritis; factors affecting age at menopause; adaptation and reliability testing of the SHARE-FI instrument for assessing frailty syndrome risk among older Polish patients; and process mapping: a tool to foster intraorganizational and interorganizational coordination in primary health care.

We especially encourage you to familiarize yourself with the study, appearing in the CME section, of clinical significance of heart rate variability

At the beginning of this new year 2018, I would like to thank all our Authors, Reviewers, Thematic Editors, and Members of the Editorial Board for their extraordinary efforts in the previous year, which resulted in increasingly high-quality articles and high journal scores from the Polish Ministry of Science and Higher Education (12 points) and the Index Copernicus (ICV 2016: 120.81). Our main purpose is to support our authors and to consistently improve the factual level of our publications. We therefore encourage you all to submit the outcomes of your research projects and to liaise with the Editorial Board of *FM&PCR*. The Thematic Editors and the Members of the Editorial Board will gladly assist in the successive stages of submitting articles via our Editorial System, as well as during the review process and editorial work. I would also like to encourage you to meet with the Members of the Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, conventions, and congresses, and the Continuo Publishing stand, which can be visited at training courses throughout Poland! We also invite you to take part in the Seventh Congress of the Polish Society of Family Medicine, which will be held in Wrocław, Poland on 12–14 October 2018, and the 8th EURIPA Rural Health Forum in Ma'ale Hahamisha, Israel on 14–16 November 2018. The theme of this year's Forum is "The challenge of the vulnerable and ageing population in rural medicine".

We also encourage you all to submit articles that give further details on the issues you will discuss in your presentations at the congress. All such papers receiving a positive opinion from the Reviewers will be published in *FM&PCR* issue 03/2018.

On the occasion of the New Year 2018, and on behalf of the Editorial Board of *Family Medicine & Primary Care Review*, I hope that, in the coming year, you are able to spend time with those close to you and have the perseverance to carry out your passion and research projects associated with the realities of family medicine, which will result in publications on the pages of *FM&PCR* in subsequent years.

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